



Al Andalus Ultimate Trail 2023

ART. 1: ORGANIZATION

The 14th AL ANDALUS ULTIMATE TRAIL is organized by TEAM AXARSPORT s.l. and will take place from July 03 to 07, 2023 in the Poniente Granadino, Andalusia, Spain. The race starts and finishes in the town of Loja, Granada.

ART. 2: DEFINITION OF THE COMPETITION

The 14th AL ANDALUS ULTIMATE TRAIL is a 234 km race over five days in a hot climate with temperatures reaching 35-40C. The race takes place throughout the beautiful natural parks of the Granada province in Southern Spain. The terrain consists of mountain, desert, and single track, along with stretches of tarmac.

The race is semi-supported. Competitors carry obligatory items (see complete Equipment List, ART. 18).

TEAM AXARSPORT s.l. reserves the right to modify:

- the regulations of the 14th AL ANDALUS ULTIMATE TRAIL.
- the aspect or dates of the course in case of forces beyond our control: weather, construction, force majeure events.

ART. 3: REGISTRATION AND ENTRY FEE

Individual:

€1.300 – 01 July, 2022 – 31 August, 2022

€1.400 – 01 September, 2022 – 28 February, 2023

€1.500 – 01 March, 2023 – 31 May, 2023

€1.600 – 01 June, 2023 – 30 June, 2023

- 10% discount for groups of 3 or more (must register at same time).
- 10% discount for competitors of previous editions.
- Discounts may not be combined.
- Deposit: €350 Due on Registration via PayPal or Bank Transfer. Email us for Bank Transfer option.
- Balance: Due 60 days after Registration
- Any entry after May 03, 2023 (60 days prior to event): Registration Fee is due in full.

Entry Fee includes:

- 3 nights accommodation in 4-star hotel, breakfast and dinner (additional € 45/night for single room, as available).
- Shared 2-person tent accommodation during the race (additional € 30 for single tent).
- Campsites with facilities (showers, toilets, boiling water, electricity).
- Bottled water throughout the race.
- Your race bag (10kg max.) carried forward daily.
- 24-hour on-site support and medical staff.
- Checkpoint monitor teams throughout race.
- Daily refreshment recovery table at end of each stage.
- Daily recognition for stage winners and briefing.
- Traditional paella dinner on site of Stage 3 campsite.
- Pasta dinner on site of Stage 4 campsite.
- Gala and awards dinner.
- Gift bag, special edition t-shirt.
- Finisher technical shirt & custom finisher medal for completion of all five stages.
- IVA and related tax included.

- Race accident insurance included.
- 5-point UTMB qualifier upon completion of race.

The following information is necessary for complete registration:

- Complete registration form (online)
- Hotel reservation form (online)
- All entry fee balances paid
- Complete Medical Form (to be completed within 30 days of the race start)

Cancellation Policy:

Deposit of €350 is non-refundable and non-transferable. In the event of a competitor canceling due to medically supported injury / illness or pregnancy, he / she can pass the remaining balance of entry fee[†](less the deposit)[†]to another person or be reimbursed a % of the amount paid, ie:

- 75% – Before 31 December, 2022
- 50% – 01 January to 31 March, 2023
- 25% – 01 April to 31 May, 2023
- 0 % – After 31 May, 2023

In the event of race postponement due to a force majeure event, the following policy applies to all entries:

- 100% of your deposit / payment applies to AAUT 2024.
- You may transfer your entry to another runner at your discretion.

ART. 4: GENERAL CONDITIONS & PERSONAL RESPONSIBILITY

The 14th AL ANDALUS ULTIMATE TRAIL will be administered according to the general race regulations and their amendments, to which all participants agree when they register. The organization is not responsible for any damage caused by the participant or caused to themselves by their imprudence or negligence. Similarly, the participants declare they are in perfect physical condition to perform this race, exempting the organizers of the race from said responsibility, and are required to submit a signed medical form 30 days prior to registration. Enrollment in the race assumes the acceptance of these rules and regulations.

ART. 5: CONDITIONS OF ADMISSION FOR PARTICIPANTS

Anyone meeting the following conditions will be accepted: over 18, any citizenship, good health, and complete payment of fees. Competitors also must complete a [race health form](#) issued by Exile Medics.

ART. 6: CATEGORIES OF PARTICIPANTS

INDIVIDUAL

Every entrant will be ranked. In addition to the general ranking, there will be placing for first, second and third female and male.

TEAM

The 2023 Team Category will be available for sign-up during registration in July. A team consists of 3 competitors (who will also be counted as individual runners in the overall standings) who each complete all 5 stages of the race. They do not have to run together. The team with the fastest combined time wins the category.

ART. 7: TECHNICAL AND ADMINISTRATIVE VERIFICATIONS

On 02, July 2023, participants must present themselves to the race administrators at registration. Participants must meet the administrative and technical requirements including medical form and complete payment of registration fees. Each competitor is responsible for his/her own equipment, and each element referring to the participant equipment list is strictly personal.

ART. 8: IDENTIFICATION MARKS/RACE NUMBERS

During the administrative registration, the organization will provide each participant with a dorsal number. Each participant must ensure his / her ID marking is clear, entirely visible, in good condition, and in the proper place throughout the race. The organization will make spare ID markings available in the event of loss or damage.

ART. 9: CHECKPOINTS AND RANKING

Each checkpoint is compulsory. Checkpoints are located throughout the course of each stage of the race approximately 9 – 12km apart. There are three to six checkpoints depending on the length of the stage and each competitor must pass through them. This allows the race officials to record times and distribute water. 1.5 litres of water will be available at every checkpoint and also at the start and finish of each stage.

Electronic timing is used to identify, time, and rank each competitor. Each competitor's time is indicated in hours, minutes and seconds.

ART. 10: RACE VILLAGE / CAMPSITES

The race villages will be set up each day on previously chosen sites transformed into camping grounds for the competitors. Non-race gear will be transferred to each site in your numbered Race Kit Bag (RKB). There is a 10kg maximum weight for RKB's. Single, 2-person, and 3-person tents are allocated based on hotel room assignments and teams (fee of €30 for single tents).

The race villages are equipped with basic facilities that include showers and toilets, electricity, boiling water for dehydrated food, and a hospitality station for a limited time at the end of each stage. There will be time to enter nearby villages and purchase meals when available. There will be a stage award gathering and stage briefing each day.

ART. 11: MEDICAL ASSISTANCE DURING THE RACE

An experienced medical team is present throughout the race to ensure that any participant suffering from physical or mental exhaustion is treated to prevent further injury. Medical Team advisement is factored into decisions made by the Race Director as to whether a competitor treated by the Medical Team may continue in the race. In the event that a competitor is taken to hospital for treatment, they will remain off-site until cleared to return to the event. Any expenses incurred by the Organization due to off-site medical treatment (transportation, hotel or meals) are the responsibility of the participant.

ART. 12: DROPPING OUT / ELIMINATION

In no circumstance (and at the risk of having to pay the search costs involved) may any competitor leave the race without informing the Organization. If a competitor abandons the race,

he / she must immediately notify the Organization and will be removed from the official start list. If a member of a team drops out, the remaining team members are ranked as individuals.

Competitors who fail to average a minimum of 6km/hour and meet Checkpoints before posted closing times may be asked to drop out in consideration of the safety and resources of the Race Support Team. This decision is made by the Race Director and is final.

ART. 13: GROUND ASSISTANCE

The organization reminds all participants that the 14th AL ANDALUS ULTIMATE TRAIL is a race where climate conditions can be extreme. Any outside assistance is strictly prohibited.

ART. 14: INSURANCE

An insurance policy covering accident medical coverage is arranged by the organization for all entrants during the days of the race. All competitors take part in the full knowledge of the risks that may be incurred in this kind of competition. Since competitors participate of their own free will, the organization is not responsible for any collapse or accident. In accordance with the 1984 law on sport, the organizer is obliged to advise participants to take out their own accident, travel and death insurance. If a competitor is taken to hospital, they are responsible for any undue expenses outside of the insurance coverage included in the entry fee.

ART. 15: WEATHER AND TERRAIN CONDITIONS

Average temperatures in July:

- daytime 35°- 45° C,
- nighttime 12°- 20° C.

The route (approx. 234 km) covers a wide variety of terrain. The organizers reserve the right to modify the route and the length of the various stages as a result of unfavorable weather conditions or unforeseen changes in certain areas and will post the most up to date map and route information before the stage.

ART. 16: MARKINGS

The participants in the 14th AL ANDALUS ULTIMATE TRAIL must follow the route as marked by the organizers. The course will be marked approximately every 50 – 400 meters, depending on the characteristics of the trail. Official 2023 race markings will be demonstrated at orientation.

Race administration strongly advises participants to study the route maps and download the route .gpx files from the website prior to July 02, 2023. The organization takes care to use marking materials that are not harmful to the environment and that are removed after the race. Any physical alteration of a route marking by a participant is prohibited and is cause for disqualification from the event.

ART. 17: ROAD BOOK

A road book is issued at registration and includes maps and various items of interest for each stage. You are required to have your road book during the race (optional on the route) and to attend the evening briefings by the Race Director relating to the next day's stage.

ART. 18: OBLIGATORY EQUIPMENT FOR PARTICIPANTS

The obligatory equipment of each participant (food, survival equipment and kit) should weigh no more than 4kg. Your personal Race Kit Bag should weigh 10kg at the start of the race.

Food:

Each entrant must provide his/her own dehydrated food for the race stages. He/she must select the type of food best suited to his/her personal needs. Boiling water will be provided at the campsites at the end of each stage and in the morning before each start.

Personal Race Kit:

- Backpack or equivalent
- Water, minimum 750ml
- Head Cover

Race Kit Bag (RKB)

- Sleeping mat, sheet or equivalent
- Recovery food (gels/bars/dehydrated meals)
- Wash kit and towel
- Bathing suit and shower sandals
- Head torch and earplugs
- Personal first aid kit (blister kit, Paracetamol, anti-diarrhea, personal hygiene and prescriptions, sun screen, etc.) Ibuprofen is not recommended under these conditions.

Optional Equipment:

Walking poles, whistle or compass.

Mobile Phones and other Electronic devices:

There is electricity at all campsites for charging phones and GPS watches.

ART. 19: RACE BEHAVIOR AND THE ENVIRONMENT

The organizers of Al Andalus Ultimate Trail promote an environment of congeniality and equality for all participants. We ask every runner to bring an attitude of friendly competition, support and patience to the event.

AAUT relies heavily on the resources of small towns, villages, various tourist departments and Regional Government and ask that all competitors treat the local people and the environment with respect. Interaction between the village inhabitants and competitors is important for the race and is a good example of how sports tourism can benefit a region. Smoking of any kind and the throwing away of any food or water packaging or other items on the race route or campsites is strictly forbidden.

ART. 20: COMPLAINTS

All non-emergency complaints or suggestions from competitors should be addressed in writing after the race to the Race Organizers at info@teamaxarsport.com. Responses issued within 24-hours.

ART. 21: PHOTO AND / OR VIDEO COVERAGE

Team Axarsport s.l. Reserves all exclusive rights for photo and video coverage of the Al Andalus Ultimate Trail. Participants must agree that Team Axarsport s.l. May have exclusive use of their identity and individual or collective pictures for anything related directly or indirectly to their participation in the Al Andalus Ultimate Trail. Any still camera, video or movie coverage done during the Al Andalus Ultimate Trail cannot be used by participants, their entourage or trainers for any use other than personal, unless by prior authorization or accreditation from Team Axarsport s.l. As a result, any book or film (short, feature) project must obtain Team Axarsport s.l.'s prior authorization.

ART. 22: LIST OF RANKING / PRIZES

GENERAL RANKING:

Men's ranking

- 1st prize : Custom AAUT Trophy / Sponsored prizes
- 2nd prize : Custom AAUT Trophy / Sponsored prizes
- 3rd prize : Custom AAUT Trophy / Sponsored prizes

Women's ranking

- 1st prize : Custom AAUT Trophy / Sponsored prizes
- 2nd prize : Custom AAUT Trophy / Sponsored prizes
- 3rd prize : Custom AAUT Trophy / Sponsored prizes

Team ranking

1st prize : Custom AAUT Trophy / Sponsored prizes